

上海城建职业学院文化交流项目

Shanghai Urban Construction Vocational College Cultural Exchange Project

7 Days

2026年3月 March 2026

项目亮点 Program Highlights

- 探索上 海这座现代化大都市，感受其科技发展的脉搏。

  Explore Shanghai, a modern metropolis pulsing with technological development.

- 体验中国传统文化，包括传统手工艺、书法、舞龙等。

  Experience Chinese traditional culture, including traditional crafts, calligraphy, dragon dance, and more

- 实地考察著名的历史遗迹

  Visit renowned historical sites

- 精心设计的课程安排。

  Carefully designed course schedules.

- 与当地学生交流的机会，增进跨文化交流能力。

  Opportunities to interact with local students and enhance intercultural communication skills.

- 校内舒适住宿和美味餐饮

  Comfortable on-campus accommodation and delicious meals

项目概况 Project Overview

项目名称	上海城建职业学院文化交流项目
Project Name	Shanghai Urban Construction Vocational College Cultural Exchange Program
研学基地	上海城建职业学院
Study Tour Base	Shanghai Urban Construction Vocational College
时　　间	2026 年 3 月
Time	March 2026

报名须知 Registration Notes

项目管理
Project Management

项目将由丰富经验的领队陪同大家，对学生全方位的管理和陪伴。同时，项目组在出发前给予学员行前指导，确保充分了解交流期间的相关注意事项。

Experienced team leaders will accompany participants throughout the project, providing comprehensive management and care. Meanwhile, the project team will offer pre-departure guidance to ensure that participants fully understand the relevant precautions during the exchange.

住宿安排
Accommodation Arrangements

项目将安排入住实训地学生公寓。 双人间，配有空调、独立卫浴。

Accommodation will be arranged in student apartments at the training venue, with double rooms equipped with air conditioning and private bathrooms.

餐食安排
Meal Arrangements

项目提供早餐，午餐和晚餐。 在学校餐厅就餐，如当天行程为外出参访，则推荐在参访地的特色餐馆用餐

Three meals a day (breakfast, lunch, and dinner) are provided. Meals will be served in the school cafeteria; if there is an off-campus visit on a given day, participants are advised to dine at local specialty restaurants near the visit venue.

交通安排
Transportation Arrangements

目的地机场往返酒店的接机和送机，课余时间，学员可搭乘所在城市便捷的公共交通。

Airport transfers (to and from the hotel) are included. During free time, participants can take convenient public transportation in the city.

签证事宜
Visa Matters

签证费用自理。准备所需材料预约合适的递签时间等。

Participants are responsible for their own visa costs, including preparing required documents and booking an appropriate visa submission time.

往返机票
Round-trip Airfare

往返机票费用自理。学员亦可委托项目组购买团体往返机票也可自行购买往返机票。

Participants may arrange their own round-trip tickets or entrust the project team to purchase group round-trip tickets.

费用组成
Fee Composition

600美金/人/7 天

600USD per person for 7 days

- 费用含：1.住宿费 2.行程内的餐费 3.行程内的交通费 4.景点门票
- Included in the fee:1. Accommodation 2. Meals within the itinerary
- 3. Transportation within the itinerary 4. Attraction tickets
- 费用不含：1 机票 2.保险费 3.个人消费 4 行程外的膳食
- Not included in the fee:1. Airfare 2. Insurance fees 3. Personal expenses
- 4. Meals outside the itinerary

研学日程 Study Tour Itinerary

日期 Date		内容 Content
D01	全天 All Day	抵达上海　Arrive in Shanghai
D02	上午 AM Activity	开营仪式 Opening Ceremony
	下午 PM Activity	汉语课程 Chinese Language Course
D03	上午 AM Activity	中国节日文化 Chinese Festival Culture
	下午 PM Activity	中国书法 Chinese Calligraphy
D04	全天 All Day	参观南京路、外滩、豫园 Visit Nanjing Road, The Bund, and Yu Garden
D05	上午 AM Activity	汉语课程 Chinese Language Course
	下午 PM Activity	中点制作 Chinese Pastry Making
D06	上午 AM Activity	结营仪式 Closing Ceremony
	下午 PM Activity	自由活动 Free Time
D07	全天 All Day	返程 Return Trip



项目示例 Project Example












建職業學院
STRUCTION VOCATIONAL COLLEGE
上海城建职业学院体育运动大队
SUCC High-level Sports Team






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